HUMANITIES 001: CREATIVE MINDS

WEEK 7 - HR 1 & 2

THE CREATIVE PROCESS COVERED THUS FAR

- Stage 1: The Ordinary World
- Stage 2: Answering the Call
- Stage 3: Entering the Sea of Possibilities
- Stage 4: Trials & Tribulations of Finding New Ideas

Bag 'o questions.

What occurred to help us manifest something creative?

- 1. Go with the creative flow.
- 2. Mix and Match: Combinatory Play
- 3. Random Stimulation
 - George Harrison
 - Edgar Allan Poe
 - Twyla Tharp
 - What about a painter?
 - What about an entrepreneur?
 - What about a fashion designer?

What occurred to help us manifest something creative?

- 1. Go with the creative flow.
- 2. Mix and Match: Combinatory Play
- 3. Random Stimulation

How many of you consider yourselves creative writers?

Group Activity: One Line at a Time Fairytale

There was a young girl named _____ who was trapped in a castle with an evil stepmother. All she ever dreamt of doing was escaping. Then one day...

What occurred to help us manifest something creative?

- 1. Go with the creative flow.
- 2. Mix and Match: Combinatory Play
- 3. Random Stimulation

Individual Activity in Groups: Writing a Fairytale

- Take a tale as your "core" and rewrite it creatively.
- 2. Mix and Match with elements from other tales or with anything at all.
- 3. Be randomly stimulated by three random items.

RE-TELLING FAIRYTALES

- 1. Once upon a time, there was a little girl named Little Red Riding Hood who went to visit her grandmother who lived in the woods. When she got to her grandmother's house a wolf was there pretending to be her grandmother. A woodsman soon came and saved them both.
- 2. There was once a pretty young girl named Snow White who lived with seven dwarves. One day a wicked queen tricked Snow White into eating a poisonous apple that made her unconscious. Then a prince came by and saw how beautiful Snow White was and gave her a kiss that magically woke her up.
- 3. There was once a family of three bears: a mama bear, a papa bear, and a baby bear. After they left their house, a little girl named Goldilocks came by and noticed that there were three bowls of porridge on the kitchen table. The big one was too hot, the medium one was too cold, but the smallest was just right. She noticed three beds, tried them all, and fell asleep on the only one that was just right. Then the bears came back, and Goldilocks ran home.

What occurred to help us manifest something creative?

- 1. Go with the creative flow.
- 2. Mix and Match: Combinatory Play
- 3. Random Stimulation
- 4. Reframe.
 - Use new Metaphors:
 - Our assumptions are based on our language.
 - Corporate Ladder, Uphill Struggle, War on Drugs, Money is the root of all evil, Life?
 - Find a new Context.

What occurred to help us manifest something creative?

- 1. Go with the creative flow.
- 2. Mix and Match: Combinatory Play
- 3. Random Stimulation
- 4. Reframe; Find a new Context

Individual Activity in Groups: Writing a Fairytale - Part II

- 1. Now reframe your story. Find a new context. Find a new perspective
- 2. Use metaphors. Or use different ones.

What occurred to help us manifest something creative?

- 1. Go with the creative flow.
- 2. Mix and Match: Combinatory Play
- 3. Random Stimulation
- 4. Reframe; Find a new Context; Use new Metaphors
- 5. Be a Little Nutty
- 6. Don't worry. Be happy.
- 7. Establish an Exploratory Environment

Establish an Exploratory Environment

What does this sounds like to you?

What type of environment do you feel most creative in?

Be around people who support your creativity and avoid those who do not.